



Opening prayer

Blessed Lord, you speak to us through the Holy Scriptures. Grant that we may hear, read, respect, learn, and make them our own in such a way that the enduring benefit and comfort of the Word will help us grasp and hold the blessed hope of everlasting life, given us through our Savior Jesus Christ.



Read Philippians 4:4-7

4 Rejoice in the Lord always; again I will say, rejoice. 5 Let your reasonableness be known to everyone. The Lord is at hand; 6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Watch the video

Follow this [link](#) or search for 'Grappling with Philippians 4' from the youtube channel: <https://www.youtube.com/user/Wolfmueller1>

Review and Discussion Questions

1. Describe the ministerial use of emotions, and how it affects how we read scripture.

2. Why is it that Paul tells the Philippians (and us) to rejoice? What are we to rejoice in?

3. What does Paul mean for us to do when he says "Let your reasonableness be known to everyone"?

4. How is it that we Christians can rid ourselves of our anxieties? What are we to do?

5. What is the difference between prayer and supplication?

6. What promised gift comes to us from God, as we pray with thanksgiving?

7. Do these verses contain law, gospel, or both?
