



Opening prayer

Almighty God, our heavenly Father, even as You have committed the care and nurture of children to Your people, graciously enlighten those who are committed to your instruction that we may know Your eternal truth and trust in You all the days of our lives; through Jesus Christ our Lord.



Read Philippians 4:8-9

8 Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. 9 What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.

Watch the video

Follow this [link](#) or search for 'Grappling with Philippians 4' from the youtube channel: <https://www.youtube.com/user/Wolfmueller1>

Review and Discussion Questions

1. How does Paul's statement in verse 8 relate to the passage from Matthew 12:34: "out of the abundance of the heart, the mouth speaks"?

2. Describe what Paul means with the word 'think'; how else can it be translated? In what ways can the Christian put this into practice?

3. How does this way of thinking inform how Christians respond when troubled or sinned against?

4. What does it mean that God is both a "God of peace", and that he offers us the "peace of God?" Is there a difference in what these two phrases describe about God?

5. Who is the ultimate fulfillment of all of the things that Paul tells us to meditate on?

6. Do these verses contain law, gospel, or both?
